

University of Scranton
Department of Occupational Therapy
Community Practice in Occupational Therapy

Senior Health/Wellness Informational Resource 2020

* Examples

Joint Protection and Body Mechanics

<https://create.piktochart.com/output/50244067-senior-health-wellness-resource>

* Home exercise program for fitness & well-being

<https://laurenrice11.wixsite.com/seniorhealth/contact>

Age-Related Sensory Changes

https://www.canva.com/design/DAENJvBrgb4/hiTL8odpNF24zKKzqT9nww/view?utm_content=DAENJvBrgb4&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink

Home modifications for fall prevention

https://www.canva.com/design/DAENPcyH0yc/Jx1WRpIk23aJcT4suzHoA/view?utm_content=DAENPcyH0yc&utm_campaign=designshare&utm_medium=link&utm_source=sharebutton

Older Adults and Nutrition

<https://docs.google.com/document/d/1W9fZ9S5gnFaGb5bB2wm-XOEJANjaKBD7faO0PzIJrrA/edit?ts=5fac7c71>

Addressing health and wellness during COVID/using technology

<https://prezi.com/i/a95dabgwytssi/>

* Sexuality in older adults

<https://create.piktochart.com/output/50515908-my-visual>

* Older Adults with Low Vision

https://www.canva.com/design/DAEMI2cSY4s/VZuS0BKXBXUR_LoK8bqbgw/view?utm_content=DAEMI2cSY4s&utm_campaign=designshare&utm_medium=link&utm_source=sharebutton

Fall prevention

https://www.canva.com/design/DAEM-kqSKFg/cEc3BU5CqpUF979rtEEExmg/view?utm_content=DAEM-kqSKFg&utm_campaign=designshare&utm_medium=link&utm_source=sharebutton

Mental Health

<https://create.piktochart.com/output/50548256-my-visual>

Technology and Managing Personal Health

https://prezi.com/16qr2uzm4dde/?utm_campaign=share&utm_medium=copy