

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
	Tuna Salad Platter Dinner Roll Orange	Greek Salad with Chicken Dinner Roll Mixed Fruit	Chicken Salad Sandw. Broccoli Salad Pear	Grilled Chick. Cheddar Sandwich Four Bean Salad Fruit Salad
Ham & Cheddar Sandwich Coleslaw Pineapple	8 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	BBQ Chicken Sandw. Cucumbers & Ranch Tropical Fruit	Roast Beef & Swiss Sandwich Broccoli Salad Orange	Southwest Chicken Ranch Salad Dinner Roll Pear
Turkey & Cheddar Sandwich Broccoli Salad Pear	Harvest Chicken Salad Dinner Roll Mandarin Oranges	Turkey Pepperoni & Cheese Sandwich Four Bean Salad Orange	Spring Turkey Salad Dinner Roll Mango	18 Ham & Swiss Sandwich Coleslaw Fruit Salad
Turkey & Gouda Sandwich Cucumbers & Ranch Mango	Tuna Salad Platter Dinner Roll Orange	Greek Salad with Chicken Dinner Roll Mixed Fruit	Chicken Salad Sandw. Broccoli Salad Pear	Grilled Chick. Cheddar Sandwich Four Bean Salad Fruit Salad
Ham & Cheddar Sandwich Coleslaw Pineapple	Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	BBQ Chicken Sandw. Cucumbers & Ranch Tropical Fruit	*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*



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MON	TUE	WED	THU	FRI
	BBQ Pork RIblet Diced Potatoes Baked Beans Cantaloupe	Stuffed Chicken Breast Roasted Potatoes Peas & Onions Peach Applesauce	Meatball Sandwich Side Salad Minestrone Soup Diced Pears	Breaded Tilapia Broccoli & Cauliflower Mac & Cheese Vanilla Pudding
7 Cheesesteak Sweet Potato Tots Vegetable Soup Diced Peaches	8 Garlic Sesame Chicken Green Beans Buttered Quinoa/Rice Jello	Salisbury Steak Mashed Potatoes Mixed Vegetables Choc. Chip Cookie	Sweet Turkey Meatballs Diced Potatoes Italian Vegetables Fruit Salad	Cheese Manicotti Broccoli Side Salad Pound Cake
Meatloaf with Gravy Mashed Potatoes Green Beans Blueberry Bread	Chicken Alfredo Broccoli Buttered Penne Clementine	Sloppy Joe Potato Wedges Carrot Coins Applesauce	Pork & Sauerkraut Mashed Potatoes Dinner Roll Choc. Pudding	Lemon Butter Fish Scalloped Potatoes Pas & Onions Cantaloupe
Pork Patty w/ Gravy Mashed Potatoes Corn Jell-O	BBQ Chick. Sandwich Beets Chicken Chili Straw/Ban Applesauce	Sweet & Sour Meatballs Vegetable Blend Veg. Fried Rice Diced Pineapple	Chicken w/ Gravy Mixed Vegetables Buttered Rotini Orange	Turkey Kielbasa Green Beans Pierogies Fruit Salad
Stuffed Pepper Mashed Potatoes Baby Carrots Van. Greek Yogurt	BBQ Pork RIblet Diced Potatoes Baked Beans Cantaloupe	Stuffed Chicken Breast Roasted Potatoes Peas & Onions Peach Applesauce	*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*



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MON	TUE	WED	THU	FRI
	Turkey Sausage Diced Potatoes Pancake Orange	Orange Chicken Buttered Broccoli Veg. Fried Rice Oranges	Swedish Meatballs Mashed Potatoes Green Beans Apple	Breaded Haddock Veg. Blend Penne Diced Pears
Chicken Fritters Red Potatoes Mixed Vegetables Oranges	Beef Patty w/ Gravy Mashed Potatoes Peas & Carrots Apple	9 Spaghetti/Meatballs Peas and Carrots Tropical Fruit	Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	Fish Sticks Sweet Potato Tots Vegetable Blend Diced Peaches
Meatloaf Mashed Potatoes Buttered Peas Apple	Turkey Kielbasa Mashed Potatoes Sweet/Sour Red Cabbage Diced Pineapple	Turkey Burger Buttered Green Beans Quinoa Veg. Blend Orange	Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	Eggplant Rollatini Broccoli Applesauce
Beef Hot Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	Sweet/Sour Chicken Meatballs Vegetables/Brown Rice Orange	Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	Cheese Manicotti Cauliflower Peas Applesauce
Chicken Marsala Mashed Potatoes Broccoli Diced Peaches	Turkey Sausage Diced Potatoes Pancake Orange	Orange Chicken Buttered Broccoli Veg. Fried Rice Oranges	*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*