

APRIL

2024 LIGHTER FARE

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Turkey & Gouda Sandwich Diced Beets Pear	2 Roast Beef & Cheese Sandwich Broccoli Slaw Pineapple	3 Italian Salad Dinner Roll Tropical Fruit	4 Chef Salad with Chicken Dinner Roll Orange	5 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
8 Roast Beef Club Sandwich Four Bean Salad Tropical Fruit	9 Ham, & Cheddar Sandwich Diced Beets Pineapple	10 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	11 Pastrami & Swiss Sandwich Potato Salad Pear	12 Spring Mix Salad with Chicken Dinner Roll Orange
15 Turkey & Provolone Sandwich Potato Salad Orange	16 Roast Beef & Swiss Sandwich Cucumbers with Ranch Pear	17 Egg Salad Sandwich Carrots with Ranch Pineapple	18 Turkey, Cheddar, & Bacon Sandwich Broccoli Slaw Pear	19 Ham Salad Sandwich Four Bean Salad Orange
22 Turkey & Gouda Sandwich Diced Beets Pear	23 Roast Beef & Cheese Sandwich Broccoli Slaw Pineapple	24 Italian Salad Dinner Roll Tropical Fruit	25 Chef Salad with Chicken Dinner Roll Orange	26 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
29 Roast Beef Club Sandwich Four Bean Salad Tropical Fruit	30 Ham, & Cheddar Sandwich Diced Beets Pineapple		*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*

APRIL

2024 HOT MEALS

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Stuffed Pepper Mashed Potatoes Buttered Carrots Vanilla Greek Yogurt	2 BBQ Pork Riblet Sand. Vegetable Blend Baked Beans Clementine	3 Chicken Fritters Wax Beans Red Potatoes Applesauce	4 Spaghetti & Meatballs Side Salad Broccoli Vanilla Pudding	5 Breaded Fish Filet Broccoli & Cauliflower French Onion Soup Choc. Chip Cookie
8 Veal Parmesan Peas Penne & Sauce Diced Pears	9 Garlic Butter Chicken Green Beans Mashed Potatoes Chocolate Pudding	10 Beef Lasagna Side Salad Broccoli & Cauliflower Pound Cake	11 Cheesesteak Vegetable Soup Roasted Potato Wedges Orange	12 Chicken Marsala Buttered Potatoes Vegetable Medley Strawberries
15 Cheeseburger Potato Wedges Carrots Clementine	16 Roast Chicken & Gravy Vegetable Blend Red Potatoes Vanilla Pudding	17 Glazed Pork Sauerkraut Mashed Potatoes Apple Slices	18 Sweet & Sour Meatballs Vegetable Blend Vegetable Fried Rice Oranges	19 BBQ Pulled Pork Creamy Coleslaw Chuckwagon Corn Peaches
22 Smothered Pork Brussels Sprouts Sweet Potatoes Jello	23 Meatloaf with Gravy Mashed Potatoes Carrots Banana Bread	24 Broccoli & Cheese Stuffed Chicken Vegetable Blend Brown Rice Fruit Salad	25 Cheese Omelet w/ Peppers & Onions Hashbrown Patty Fresh Fruit Salad	26 BBQ Chicken Patty Beef & Bean Chili Vegetable Blend Applesauce
29 Stuffed Pepper Mashed Potatoes Buttered Carrots Vanilla Greek Yogurt	30 BBQ Pork Riblet Sand. Vegetable Blend Baked Beans Clementine		*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*

APRIL

2024 FROZEN MEALS

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Chicken Alfredo Broccoli Penne Diced Peaches	2 Turkey Sausage Diced Red Potatoes Pancake Orange	3 Orange Chicken Broccoli Veg. Fried Rice Mandarin Oranges	4 BBQ Meatballs Mashed Potatoes Green Beans Apple	5 Breaded Haddock Veg. Blend Penne Diced Pears
8 BBQ Chicken Fritters Diced Red Potatoes Mixed Vegetables Mandarin Oranges	9 Swiss Steak Mashed Potatoes Peas & Carrots Apple	10 Spaghetti/Meatballs Peas and Carrots Tropical Fruit	11 Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	12 Breaded Haddock Cheesy Potatoes Vegetable Blend Diced Peaches
15 Meatloaf Mashed Potatoes Buttered Peas Apple	16 BBQ Riblet Baked Beans Mixed Vegetables Diced Pineapple	17 Fajita Chicken Chuckwagon Corn Brown Rice Orange	18 Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	19 Tortellini Alfredo Buttered Broccoli Buttered Carrots Applesauce
22 Turkey Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	23 Sweet/Sour Chicken Vegetables Brown Rice Orange	24 Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	25 Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	26 Cheese Manicotti Cauliflower Peas Applesauce
29 Chicken Alfredo Broccoli Penne Diced Peaches	30 Turkey Sausage Diced Red Potatoes Pancake Orange		*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*	*THE SUGGESTED MEAL DONATION IS \$2*