

# MAY

## 2025 LIGHTER FARE

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>		<sup>1</sup> Roast Beef & Swiss Sandwich Broccoli Salad Orange	<sup>2</sup> Southwest Chicken Ranch Salad Dinner Roll Pear
<sup>5</sup> Turkey & Cheddar Sandwich Broccoli Salad Pear	<sup>6</sup> Harvest Chicken Salad Dinner Roll Mandarin Oranges	<sup>7</sup> Turkey Pepperoni & Cheese Sandwich Four Bean Salad Orange	<sup>8</sup> Spring Turkey Salad Dinner Roll Mango	<sup>9</sup> Ham & Swiss Sandwich Coleslaw Fruit Salad
<sup>12</sup> Turkey & Gouda Sandwich Cucumbers & Ranch Mango	<sup>13</sup> Tuna Salad Platter Dinner Roll Orange	<sup>14</sup> Greek Salad with Chicken Dinner Roll Mixed Fruit	<sup>15</sup> Chicken Salad Sandw. Broccoli Salad Pear	<sup>16</sup> Grilled Chick. Cheddar Sandwich Four Bean Salad Fruit Salad
<sup>19</sup> Ham & Cheddar Sandwich Coleslaw Pineapple	<sup>20</sup> Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	<sup>21</sup> BBQ Chicken Sandw. Cucumbers & Ranch Tropical Fruit	<sup>22</sup> Roast Beef & Swiss Sandwich Broccoli Salad Orange	<sup>23</sup> Southwest Chicken Ranch Salad Dinner Roll Pear
<sup>26</sup> Turkey & Cheddar Sandwich Broccoli Salad Pear	<sup>27</sup> Harvest Chicken Salad Dinner Roll Mandarin Oranges	<sup>28</sup> Turkey Pepperoni & Cheese Sandwich Four Bean Salad Orange	<sup>29</sup> Spring Turkey Salad Dinner Roll Mango	<sup>30</sup> Ham & Swiss Sandwich Coleslaw Fruit Salad

# MAY

## 2025 HOT MEALS

# LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>		<sup>1</sup> Meatball Sandwich Side Salad Minestrone Soup Diced Pears	<sup>2</sup> Breaded Tilapia Broccoli & Cauliflower Mac & Cheese Vanilla Pudding
<sup>5</sup> Cheesesteak Sweet Potato Tots Vegetable Soup Diced Peaches	<sup>6</sup> Garlic Sesame Chicken Green Beans Buttered Quinoa/Rice Jello	<sup>7</sup> Salisbury Steak Mashed Potatoes Mixed Vegetables Choc. Chip Cookie	<sup>8</sup> Sweet Turkey Meatballs Diced Potatoes Italian Vegetables Fruit Salad	<sup>9</sup> Cheese Manicotti Broccoli Side Salad Pound Cake
<sup>12</sup> Meatloaf with Gravy Mashed Potatoes Green Beans Blueberry Bread	<sup>13</sup> Chicken Alfredo Broccoli Buttered Penne Clementine	<sup>14</sup> Sloppy Joe Potato Wedges Carrot Coins Applesauce	<sup>15</sup> Pork & Sauerkraut Mashed Potatoes Dinner Roll Choc. Pudding	<sup>16</sup> Lemon Butter Fish Scalloped Potatoes Pas & Onions Cantaloupe
<sup>19</sup> Pork Patty w/ Gravy Mashed Potatoes Corn Jell-O	<sup>20</sup> BBQ Chick. Sandwich Beets Chicken Chili Straw/Ban Applesauce	<sup>21</sup> Sweet & Sour Meatballs Vegetable Blend Veg. Fried Rice Diced Pineapple	<sup>22</sup> Chicken w/ Gravy Mixed Vegetables Buttered Rotini Orange	<sup>23</sup> Turkey Kielbasa Green Beans Pierogies Fruit Salad
<sup>26</sup> Stuffed Pepper Mashed Potatoes Baby Carrots Van. Greek Yogurt	<sup>27</sup> BBQ Pork Riblet Diced Potatoes Baked Beans Cantaloupe	<sup>28</sup> Stuffed Chicken Breast Roasted Potatoes Peas & Onions Peach Applesauce	<sup>29</sup> Meatball Sandwich Side Salad Minestrone Soup Diced Pears	<sup>30</sup> Breaded Tilapia Broccoli & Cauliflower Mac & Cheese Vanilla Pudding

# MAY

## 2025 FROZEN MEALS

# LACKAWANNA COUNTY

## SENIOR COMMUNITY

### CENTERS MENU

MON	TUE	WED	THU	FRI
<b>*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE*</b>	<b>*THE SUGGESTED MEAL DONATION IS \$2*</b>		<sup>1</sup> Swedish Meatballs Mashed Potatoes Green Beans Apple	<sup>2</sup> Breaded Haddock Veg. Blend Penne Diced Pears
<sup>5</sup> Chicken Fritters Red Potatoes Mixed Vegetables Oranges	<sup>6</sup> Beef Patty w/ Gravy Mashed Potatoes Peas & Carrots Apple	<sup>7</sup> Spaghetti/Meatballs Peas and Carrots Tropical Fruit	<sup>8</sup> Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	<sup>9</sup> Fish Sticks Sweet Potato Tots Vegetable Blend Diced Peaches
<sup>12</sup> Meatloaf Mashed Potatoes Buttered Peas Apple	<sup>13</sup> Turkey Kielbasa Mashed Potatoes Sweet/Sour Red Cabbage Diced Pineapple	<sup>14</sup> Turkey Burger Buttered Green Beans Quinoa Veg. Blend Orange	<sup>15</sup> Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	<sup>16</sup> Eggplant Rollatini Broccoli Applesauce
<sup>19</sup> Beef Hot Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	<sup>20</sup> Sweet/Sour Chicken Meatballs Vegetables/Brown Rice Orange	<sup>21</sup> Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	<sup>22</sup> Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	<sup>23</sup> Cheese Manicotti Cauliflower Peas Applesauce
<sup>26</sup> Chicken Marsala Mashed Potatoes Broccoli Diced Peaches	<sup>27</sup> Turkey Sausage Diced Potatoes Pancake Orange	<sup>28</sup> Orange Chicken Buttered Broccoli Veg. Fried Rice Oranges	<sup>29</sup> Swedish Meatballs Mashed Potatoes Green Beans Apple	<sup>30</sup> Breaded Haddock Veg. Blend Penne Diced Pears